

ILLUMINATING CONDITIONS INTAKE SHEET




Empowerment:
I create my own happiness
including:

- Good Health
- Loving Relationships
- Life Affirming Work
- Financial Freedom




Worrying Thoughts:




Create New Light
in my:




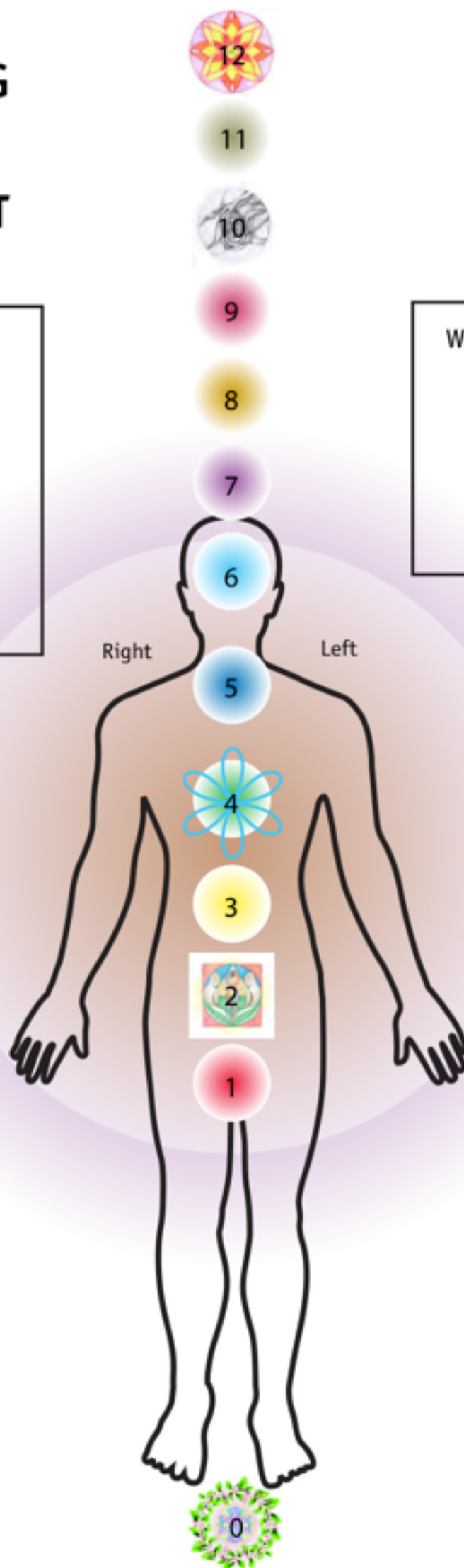
Psychological
Conditions:



Physical
Conditions:



Negative
Circumstances:

Name _____

Date _____

Intake Sheet Instructions

Instructions:

Please fill in each section on the Intake Sheet with current issues. Each section is described below to help you better understand what the section means. Even minor issues can be included.

Background Symbols (for your reference)

These symbols (meanings defined below) transmute energy allowing us to break patterns that are not serving us. You do not have to do anything with these symbols but meanings are shown here for your reference.

Create New Light:

List what you would like to manifest and create for yourself. For example, I want to be stress free; I want a loving relationship; I want to create business partnerships; I want to be more sensitive to others.



Pure Joy: Each person or situation that we encounter is our twin flame. Our twins have only one purpose and that is to encourage our enlightenment. The encouragement either takes the form of agitation inciting our transformational response or to aid us once on our enlightened path of joy.

Physiological Conditions:

List physical ailments such as pain in back, tired all the time, diabetes.



Chrysalis: Limitless pure potential originating from the vortex where time and space meet.

Worrying Thoughts:

List fears and worries. For example, fear that I won't get married, fear I won't get a raise or new job, worried that your relationship will end, worried something catastrophic will happen, worried something good will not happen.



Infinity Flower, or Heaven on Earth: The three interwoven infinities draw out the power of self-love to dissipate struggle.

Psychological Conditions:

List known psychological conditions such as anxiety or depression. Or it could be other things about yourself that you would like to change such as excessive talking about a new relationship, smoking – don't know why I cannot stop, tics, repetitive thoughts, mind constantly racing.



Heart of ISIS: The rising Kundalini energy merges us with the heart of ISIS halting our propensity to hurt self with the manifestation of physical conditions by giving us the courage to break patterns not serving us.

Negative Circumstances:

List anything that is not positive in your world now. These can pertain to self or others such as I have ants in my house, I feel lonely, I lack organization to get things done, I procrastinate, my husband is sick, everyone at work is stressed.



Enlightenment: All negativity directly impacting us is self created to "protect" us from expressing a denied need. Once understood, and we give ourselves permission to express the need, the negativity vanishes. Placed in each box, this symbol ensures that the negativity written on this page transmutes to positivity.

Chakras - techniques during **Path** sessions are performed over the chakras defined below.

0 - Earth Grounding

4 - Love

7 - Remembering God

10 - Synchronicity

1 - Grounding

5 - Expression

8 - Karmic Residue

11 - Instantaneous Transformation

2 - Sexuality/Creativity

6- Intuition

9 - Life's Lessons

12 - Ascension

3 - Personal Power